



Coates Lane Primary School  
Physical Education Overview  
2015/16



	Autumn	Spring	Summer
Reception	<p><u>THEME: All about me: Festivals and Celebrations</u> Introduction to the hall Activities leading to Gymnastics - awareness of body shapes, travelling, turning. Activities leading to games - multiskills - throwing, catching, dribbling, controlling, aiming with a ball.</p>	<p><u>THEME: Dig DigDig!</u> Activities leading to Dance - exploring rhythms, moods and emotions and dance linked to theme Activities leading to Gymnastics - bouncing and jumping, intro to apparatus.</p>	<p><u>THEME: Australia</u> Activities leading to games - multiskills - throwing, catching, dribbling, controlling, aiming with a ball. OAA Athletics - Running, jumping and throwing Sports Day</p>
Year 1	<p><u>THEME: Penguins, pigs and possums / Fire Fire!</u> Gymnastic activities. Master basic movements - balance, agility and co-ordination Phil Cain - Fundamentals of movement - running, jumping, throwing, catching, balance, agility and co-ordination.</p>	<p><u>THEME: Growth and green fingers / Family album</u> Perform dances using simple movements. Activities leading to games - multiskills - throwing, catching, dribbling, controlling, aiming with a ball.</p>	<p><u>THEME: The great outdoors / Robots</u> Games activities and OAA Master basic movements/ Athletics - running, jumping, throwing, catching, balance, agility and co-ordination Participate in team games using fundamentals of movement. Sports Day</p>
Year 2	<p><u>THEME: The place where / Fighting fit</u> Activities leading to games - multiskills - throwing, catching, dribbling, controlling, aiming with a ball. Games and Gymnastic activities Phil Cain - Fundamental movement skills - running, jumping, throwing, catching, balance, agility and co-ordination.</p>	<p><u>THEME: Explorers / The farm shop</u> Dance and Gymnastic activities Perform dances using simple movements Master basic movements - balance, agility and co-ordination</p>	<p><u>THEME: Wind in the willows / Buckets and spades</u> Games activities and OAA Master basic movements - running, jumping, throwing, catching, balance, agility and co-ordination Participate in team games. Sports Day.</p>

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<h2>Year 3</h2>	<p><u>THEME: There's no place like home / Healthy Humans</u> Invasion Games and Gymnastics activities Phil Cain - Fundamental movement skills - running, jumping, catching and throwing in isolation and in combination Play competitive games Develop flexibility and control in gym, creating sequences using various elements.</p>	<p><u>THEME: Rocks and Roll / The Iron Man</u> Gymnastics and Dance activities Develop flexibility in gym and dance, creating sequences using various elements. Compare performances to achieve personal best</p>	<p><u>THEME: Romans / How does your garden grow?</u> OAA Athletics - Running, jumping and throwing Striking and fielding games Play competitive games Compare and measure performances to achieve personal best. Sports Day</p>
<h2>Year 4</h2>	<p><u>THEME: Sparks might fly / The great plague</u> Games and Gymnastics activities Phil Cain - Fundamental, sports specific skills - running, jumping, catching and throwing in isolation and in combination Play competitive games Develop flexibility and control in gym, creating sequences using various elements.</p>	<p><u>THEME: The art of food / Passport to Europe</u> Gymnastics and Dance activities Develop flexibility in gym and dance, creating sequences using various elements. Compare performances to achieve personal best.</p>	<p><u>THEME: Water, water everywhere / Hunted</u> OAA Athletics - Running, jumping and throwing Play competitive games Striking and fielding games Compare performances to achieve personal best. Sports Day</p>
<h2>Year 5</h2>	<p><u>THEME: A Kingdom United / Food, glorious food</u> Games and Gymnastics activities Phil Cain - Fundamental, sports specific skills - running, jumping, catching and throwing in isolation and in combination Play competitive games, applying basic principles Develop flexibility and control in gym, creating sequences using various elements.</p>	<p><u>THEME: Earthlings / Inventors and inventions</u> Gymnastics and Dance activities Develop flexibility in gym and dance, creating sequences using various elements. Compare performances to achieve personal best</p>	<p><u>THEME: Amazon adventure / Faster, higher, stronger</u> OAA Athletics - Running, jumping and throwing Play competitive games Striking and fielding games Compare performances to achieve personal best. Sports Day</p>

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<h1>Year 6</h1>	<p><u>THEME: Survival / Britten's got talent</u>            Games and Gymnastics activities            Phil Cain - Sport specific skills running, jumping, catching and throwing in isolation and in combination            Play competitive games, applying basic principles            Develop flexibility and control in gym, creating sequences using various elements.</p>	<p><u>THEME: Heroes and villains / Super sleuth</u>            Gymnastics and Dance activities            Develop flexibility in gym and dance, creating sequences using various elements.            Compare performances to achieve personal best</p>	<p><u>THEME: Oh I do like to be beside the seaside</u>            OAA            Athletics - Running, jumping and throwing            Play competitive games            Striking and fielding games            Compare performances to achieve personal best.            Sports Day</p>
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Key Stage 1

- Dance
- Gymnastics
- Games
- OAA and Athletics

Schemes of work followed:

Reception - Val Sabin Action Kids

Key Stage 1 and 2 - The Lancashire Primary Physical Education Scheme of Work 2014/5  
 See Staff Shared > P.E

Other resources in the PE cupboard or Y5 cupboard include (ask me if you are struggling to find them):

- Youth Sport Trust's TOP cards.
- Sainsbury's Active Kids cards.
- Skills 4 Sport cards

They are very self explanatory and creative in breaking down the skills needed for each unit.

Assessment sheets (on pro forma) to be collected at the end of each unit (half term), identifying which children are Emerging, Developing, Secure, and Mastering the skills taught in each unit.

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